

Daily Rhythm

8:00-9:00	Arrival and Outdoor Time
9:00-9:45	Snack and Morning Circle
9:45-11:15	Indoor Work Cycle
11:15-11:45	Lunch Circle and Preparation
11:45-12:30	Lunch
12:30-12:45	2.5yo Pickup Time
12:30-1:00	Toileting and Nap Preparation
1:00-2:00	Nap/Afternoon Work Cycle
2:00-3:00	Snack and Outdoor Time
3:00-3:15	Pickup